

NHMA Miami Chapter

Physician Activism: Detention Center Medical Care and Empowering Youths

October 22, 2020

7:00 PM – 8:15 PM EDT

www.NHMAmd.org



@NHMAmd



@NHMAmd.org

Welcome

Claudia Alvarez, DO
Co-Chair, Miami Chapter
NHMA

Housekeeping

- Presentations to be followed by 10-15 minute discussion
- Microphones will be muted
- Type questions in chat box
- Recording available next week at www.NHMAMD.org

Instructions to receive CME will be included in thank you email. Webinar recording & CME will be available for 1 year at www.NHMAMD.org/webinars

Learner Notification

National Hispanic Medical Association
Miami – Physician Activism: Detention Center Medical Care and Empowering Youths
Date of CE Release: October 22, 2020
Date of CE Expiration: October 22, 2021
Location: Online

Acknowledgement of Financial Commercial Support

No financial commercial support was received for this educational activity.

Acknowledgement of In-Kind Commercial Support

No in-kind commercial support was received for this educational activity.

Satisfactory Completion

Learners must listen to each self-directed audio recording while following along with the visual slides/read the articles, complete an evaluation form to receive a certificate of completion. You must participate in the entire activity as partial credit is not available. If you are seeking continuing education credit for a specialty not listed below, it is your responsibility to contact your licensing/certification board to determine course eligibility for your licensing/certification requirement.



In support of improving patient care, this activity has been planned and implemented by Amedco LLC and National Hispanic Medical Association. Amedco LLC is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

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Physicians

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Objectives - After Attending This Program You Should Be Able To

1. To increase knowledge about the work of physicians on the aspect of community work to address the health of people in detention centers
2. To educate about different campaigns targeted to youth about their health, particularly on the effects of vaping.

Disclosure of Conflict of Interest

The following table of disclosure information is provided to learners and contains the relevant financial relationships that each individual in a position to control the content disclosed to Amedco. All of these relationships were treated as a conflict of interest, and have been resolved. (C7 SCS 6.1–6.2, 6.5)

All individuals in a position to control the content of CE are listed below.

First	Last	Commercial Interest
Dr. Claudia	Alvarez	NA
Lorena	Bonilla MD	NA
Ben	Melano	NA
Elena	Rios, MD, MSPH, FACP	NA

UPDATE FROM NHHF on Youth Campaign

Elena Rios, MD, MSPH, FACP

President & CEO

National Hispanic Medical Association

Washington, DC

- Encourage your patients to enroll and inform others about the clinical trials for COVID-19 Vaccines
 - www.CoronaVirusPreventionNetwork.org
 - www.COVIDVACCINESTUDY1.com
- 2020 Virtual Health Leaders and Scholars Awards Ceremony – Nov. 19
 - <http://bit.ly/NHHFCeremony2020>
- 2021 NHMA National Hispanic Health Conference Mar. 17-20, 2021
 - <http://bit.ly/NHMAConference2021>

NHHF STOP Vaping Campaign

- Call for spokespersons
- Summary of program #VaporNotSafer
- 3-pronged approach
 - Social Media Campaign aimed at Middle/High School Students with Fact Sheets, Videos
 - Resources for Parents
 - Resources for Healthcare Professionals

JOIN NHHF'S **STOP VAPING** CAMPAIGN

AS A

**SPOKESPERSON
TODAY!**

Are you a health care professional...

- Based in Los Angeles, Chicago, New York City, or Miami?
- Interested in creating a video message to inform middle and high schools students about the harmful effects of vaping?

For more information & to sign up:
<https://bit.ly/NHHFStopVaping2020>



Sponsored by:
 aetna
FOUNDATION

The Aetna logo consists of a purple heart shape followed by the word 'aetna' in a lowercase, sans-serif font. Below it, the word 'FOUNDATION' is written in a smaller, uppercase, sans-serif font.

Introduction

- In 2014, the Surgeon General produced a Report on E-cigarettes called “A Call to Action” that summarized what parents, teachers, health professionals and states and communities can do to address this public health epidemic.
- According to the National Youth Tobacco Survey, past 30 day use of e-cigarettes increased 78% among high school students and nearly 50% among middle school students during 2017–2018. In 2018, more than 3.6 million youth in the United States were current e-cigarette users.
- In 2020, 19.6% of high school students (3.02 million) and 4.7% of middle school students (550,000) reported current e-cigarette use, according to the CDC.
- NHHF has been supported by Aetna Foundation for a 2 year Campaign – launched at a Congressional Briefing with the Surgeon General in July 2020 and works with a National Advisory Committee and healthcare professionals and students.



The Rundown

- Smoking kills more people than alcohol, AIDS, car accidents, illegal drugs, murders, and suicides combined, with thousands more dying from spit tobacco use. Of the more than 200,000 kids who become new regular, daily smokers each year, almost a third will ultimately die from it. In addition, smokers lose a decade of life because of their smoking.

Youth Fast Facts

- High school students who are current (past month) smokers (2019): 800,000+
- High school students who are current e-cigarette users (2019): 27.5%
- Kids (under 18) who try smoking for the first time each day: 1,900
- Kids (under 18) who become new regular, daily smokers each day: 250+
- Kids under 18 alive today who will ultimately die from smoking (unless smoking rates decline): 5.6 million

What's the appeal?

- Not-regulated and not FDA approved to help adults with tobacco cessation
- Long-term effects are unknown
 - Have been linked to heart attacks, high blood pressure, coronary artery disease, harming lung tissue, asthma, popcorn lung, increased coughing
- Nanoparticles in the vapor may lead to heart disease, asthma, stroke, and diabetes.
- If you do not smoke, why start?
 - **Tobacco users die 14 years sooner than non-users**

Mischievous Marketing

- Vaping companies are frequently targeting middle and high school-aged students. These companies often use kid-friendly marketing, advertisements, and social media to influence this specific age group.
- Research studies have found that kids are three times as sensitive to tobacco advertising than adults and are more likely to be influenced to smoke by cigarette marketing than by peer pressure; and that a third of underage experimentation with smoking is attributable to tobacco company advertising and promotion.
- More than 15,500 unique e-cigarettes on the market
- A study in 2014 of more than 400 brands found that 84% offered fruit flavors and 80% offered candy and sweet dessert flavors.



E-cigarettes capitalize on offering many kid-friendly food flavors, such as mint, cotton candy and gummy bear.



“It’s Just Water Vapor”

- **Common Ingredients**

- Aluminum- Inhaling aluminum has been shown to cause chemical pneumonia—an inflammation of the lungs caused by inhaling toxins or poisons. In kids, toxic levels of aluminum have been shown to cause slowed growth and deformed bones
- Lead- Lead is known to cause both immediate and long-term health problems, especially in kids. It’s toxic when swallowed, eaten, or inhaled, and can lead to nerve damage, issues with your digestive system, and death¹. In young people, significant exposure has been shown to cause a drop in IQ level.
- Arsenic- Inhaling arsenic can lead to lung cancer.
- Formaldehyde- Inhaling formaldehyde can make you feel sick, causing symptoms like sore throat, cough, scratchy eyes, and nosebleeds. It’s also known to cause cancer, particularly of the nose and throat.
- Diacetyl- chemical flavoring linked to bronchiolitis obliterans aka popcorn lung
 - Harvard researchers found this chemical or two similar forms in 92% of flavors they tested.



Vaping & COVID-19

- Vaping can cause the young person to be more vulnerable to COVID-19:
 - Weakens the immune system
 - Targets the lungs
 - Nicotine side effect= shortness of breath
 - Has been linked to: heart attacks, high blood pressure, coronary artery disease, harming lung tissue, asthma, popcorn lung, increased coughing
 - Nanoparticles in the vapor may lead to heart disease, asthma, stroke, and diabetes.
 - It is more important than ever to protect youth from the harms of vaping and dissuade them from developing the habit
- NHHF welcomes Spokespersons:
 - To create Video Messages for our campaign.
 - Contact nhma@nhmamd.org



Resources for Parents

- The Office of the Surgeon General has put together fact sheets and videos for parents.
- The goal for parents is to have a conversation with their teen rather than a lecture.
- Preparing the parents for counter-questions teens may ask about the subject such as, “Aren’t e-cigarettes safer than conventional cigarettes?”
- Be willing to listen and avoid judgment



Resources for Health Professionals

- The Office of the Surgeon General has put together conversation cards for health care providers to talk to their young patients about the dangers of e-cigarettes. It encourages providers to seize every opportunity to communicate with their young patients about e-cigarettes, informing them with credible information.
- National Hispanic Health Foundation (NHHF) Stop Vaping Campaign collaborates with health care professionals and uses the power of social media to reach teens and educate them about the dangers of vaping. NHHF has created fact sheets, social media flyers, and videos.
- ASPIRE - A Smoking Prevention Interactive Experience (ASPIRE) is a free, bilingual, online curriculum, fully aligned with National Education Standards, as well as with 21st Century Skills, that helps middle and high school teens learn to be tobacco-free while explaining the dangers of tobacco and nicotine use.
- Smokefree Teen is designed to help teens quit smoking or vaping. The organization offers resources to guide teens to quit smoking successfully such as text message programs, apps, communication with trained specialists, and quit lines.
- Below are some free tools provided by Smokefree Teen:
 - SmokefreeTXT for teens
 - QuitSTART app
 - Speak to an expert
 - Build my vaping quitting plan
 - PracticeQuit



Join the Fight Against Teen Vaping

Follow our social media campaign:



@TheNHHF



@NHMAFoundation



@The_NHHF



The_nhhf

#NHHFStopVaping

#VaporNOTSafer

NHMAFoundation.org or contact NHHF@NHMAFoundation.org



Physician Advocacy for People in Immigrant Detention Centers

Lorena Del Pilar Bonilla MD, MA

Assistant Professor

FIU Herbert Wertheim College of
Medicine

COVID19 Pandemic and Immigrants in Detention

- Since testing for SARS-CoV-2 began in February, more than **5,300 people** held in U.S. Immigration and Customs Enforcement (ICE) custody have tested positive for the virus, and over 800 were still in isolation or under monitoring at the end of August.

<https://www.ama-assn.org/delivering-care/population-care/undocumented-immigrants-detained-during-covid-19-how-help>

Background information: Reno Vs Flores

- Two organizations sued the government regarding the treatment of children at detention centers.
- Resulted in the Flores Settlement Agreement of 1997.
- Established regulations and minimal standards for the detention and **treatment of minors** by federal agencies.

Reno vs Flores

- These include that children must be held in the least restrictive environment.
- It specified that the **maximum time** they can be held in a prison-like condition is 20 days.
- Requires detention centers to be **safe and sanitary**

Medical Organization: Statements

- American Academy of Family Physicians
- American Academy of Pediatrics
- American College of Physicians
- American College of Emergency Physicians
- American College of Obstetricians and Gynecologists
- Doctors for Camp Closure
- American Medical Association
- American Psychiatric Association
- National Hispanic Medical Association

Medical Advocacy via Medical Organizations

- Recently the news reported about hysterectomies being performed at Irwin Detention Center in Georgia.
- The **NHMA** and **AMA** have called on the U.S. Department of Homeland Security (DHS) and its Office of the Inspector General (OIG) to thoroughly investigate complaints about detained immigrants' reported allegations of medical procedures performed on individuals without their properly obtained informed consent.

Irwin Detention Center, Georgia

- **Doctors for Camp Closure** have been working with the lawyers for the Georgia hysterectomy cases to review medical records and give Congressional briefings for them.
- Congressional representatives visited the Irwin Detention Center on September 2020.
- On October 2, 2020 the House voted and passed **Roll Call 217 | Bill Number: H. Res. 1153 Resolution**
- Condemning unwanted, unnecessary medical procedures on individuals without their full, informed consent

Medical oversight

- In 2019 U.S. District Judge Dolly Gee in California authorized the appointment of Dr Paul Wise as a medical oversight.
- Dr Paul Wise is a professor of pediatrics and health policy at Stanford University. He was able to conduct an inspection of U.S. Customs and Border Protection facilities and assess the health conditions for detained children.
- After touring border detention centers, Dr Wise described how children were kept in a "kind of cage-like" processing center.

The journey



Doctors For Camp Closure

- Was founded July 30, 2019 by three women physicians: Dr Danielle Deines from VA, Dr Bonnie Arzuega from MA, Dr Marie De Luca from NY.
- It is a non-partisan organization of over 3,000 physicians and healthcare professionals from all specialties who oppose the inhumane detention of migrants and refugees.
- On October 2019 Hundreds of Doctors participated in a March to White House to Demand End to Trump Administration's 'Inhumane' Treatment of Migrants.

Doctors For Camp Closure Position

1. Immediate end of the use of Detention.
2. Immediate End of Family Separation.
3. Immediate implementation of independent medical oversight to ensure standards of medical care are being met.
4. Immediate end of dangerous deportations.

Doctors for Camp Closure Strategy

Inside Approach

- Lobbying with state leaders, congress, senators and presidential candidates

Outside Approach

- Events that bring public attention via marches, rallies and protests
- Writing opinion articles
- Social media


Coalition Building

- Volunteering our medical expertise

Outside Approach

DOCTORS FOR CAMP CLOSURE
ANNOUNCING THE


**D4CC
MARCH
FOR
MIGRANTS
WASHINGTON, D.C.**




OCTOBER 19TH, 2019 | 10:00AM - 3:00PM

RALLY AT U.S. NAVY MEMORIAL PLAZA


COME HEAR OUR SPEAKERS & JOIN US ON OUR MARCH TO DEMAND
AN END TO MASS INCARCERATION OF IMMIGRANTS AND TO
ENSURE THAT ALL OF THOSE WHO ARRIVE AT PORTS OF ENTRY
HAVE ACCESS TO APPROPRIATE, CONFIDENTIAL
MEDICAL CARE.



FOR MORE INFORMATION, VISIT US AT: www.d4cc.squarespace.com

NO  **DETENTION**

IS SAFE



HEALTHCARE WORKERS DEMAND:
FREE THEM ALL

MAY 13-18, 2020
24 HOUR VIGIL
at
Immigration Detention Centers
Across the US

As healthcare workers, we have seen firsthand the dangers of COVID-19.
We know that the best form of prevention for this pandemic is social distancing and there is
NO social distancing in prison or detention.

#FreeThemAll #DetentionIsDeadly

Doctors for Camp Closure

- Florida
- Maryland
- Oregon
- Pennsylvania
- Sacramento

Doctors For Camp Closure: Florida Chapter

Our Group was created January 14, 2020

Membership: 20 members

Interest: physicians who were concerned about the health and well being of immigrants

Doctors For Camp Closure: Florida

- Letter submitted to ICE director asking for release of people in detention centers.
 - Opinion article published in the Miami Herald.
 - Second opinion article published in Committee of Interns and Residents SEIU.
 - Letter written and signed by members and sent to the governor requesting the release of people in detention.
- Participated with the Media three times and was on the news and newspapers.
 - August 25, 2020 there was round table Facebook zoom meeting with Florida Representatives.
- The representatives gave firm commitments for unannounced inspections and to stop the transfers.

Broward Transitional Center Protest May 1, 2020



Collaborations with immigrant advocacy groups

United We Dream

Florida Immigration
Coalition

Immigrant Action
Alliance

South Poverty Law
Center

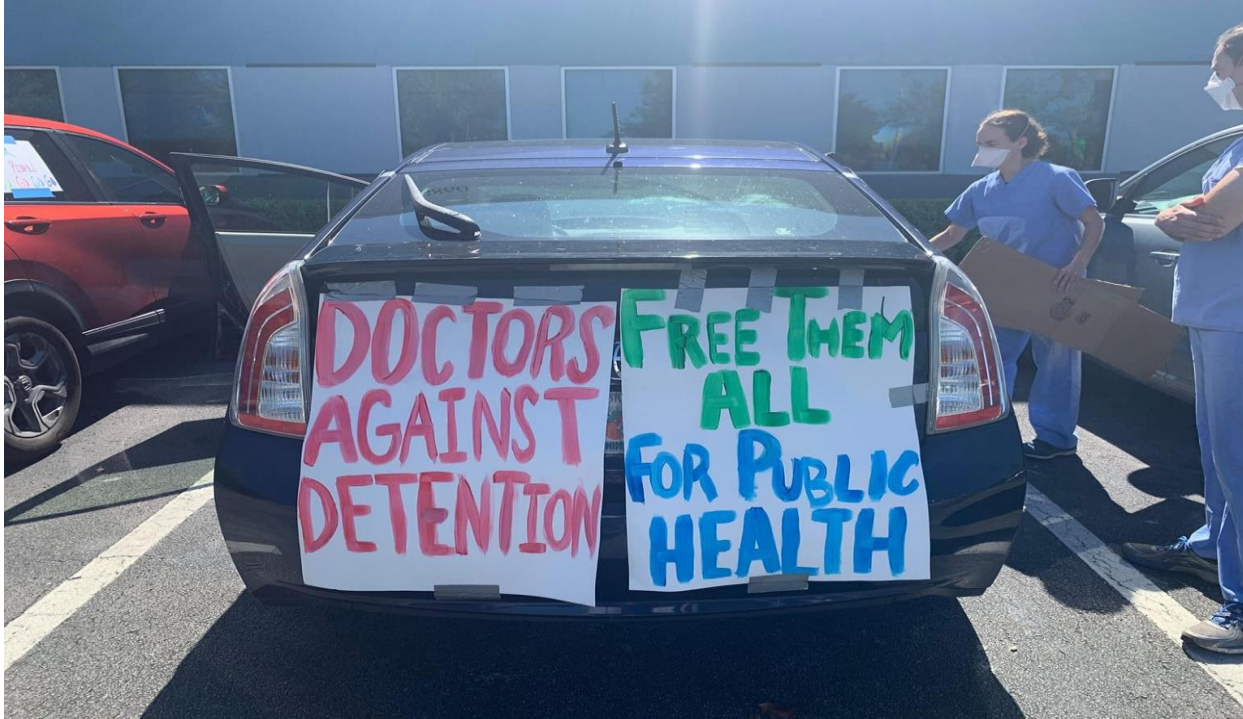


<https://unitedwedream.org/2020/05/health-care-professionals-and-community-members-demand-ice-comply-with-federal-judge-and-release-all-people/>

Dr. Claudia Alvarez at press conference



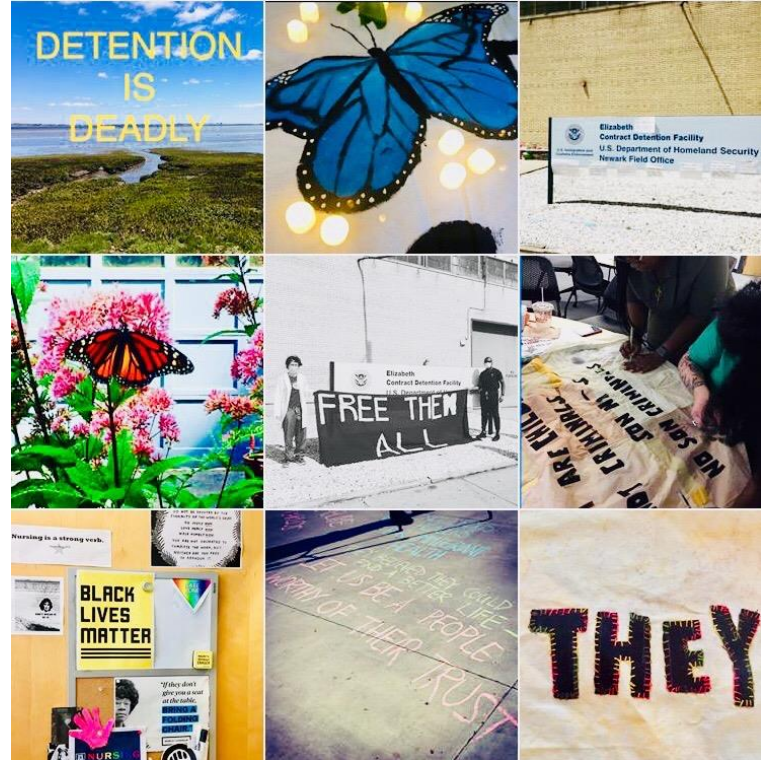
Car caravan message



Doctors For Camp Closure Maryland

- They have local chapters of D4CC.
- They have had local **protests** against ICE detention.
- They have **testified** in their state legislators against the detention of immigrant.
- They have about 40 members.
- They have used **letter writing campaigns** that have resulted in getting many detained immigrants released during the covid pandemic.
- They work in **partnership** with many local immigrant justice groups like Casa, Sanctuary DMV, United We dream and more.

Outside Approach



Doctors For Camp Closure Oregon

- They have **written medical expert letters** for a young woman recently detained about the medical aspects of her case.
- They have done some work to get a young man released who was in Cowlitz county jail as he was turning 18 so he would not be sent to Tacoma. He was released.
- They met with La Resistencia and they requested help with **reviewing some medical records** from Tacoma and writing up reports.

Oregon Workers Relief Fund

- They wrote letters to the governor so that Oregon would fund the **Oregon Workers Relief Fund**. This money supports people who do not have access to unemployment etc. This is for the undocumented. This has had two funding by the state for a total of 20 million dollars and to this date 10 million has been distributed.
- They worked on the national D4CC action with a **vigil at the ICE** processing center in Portland. They were on the local news related to this effort.

Doctors for Camp Closure Pennsylvania

- They **collaborate** with NEW York lawyers for the public interest on **letter writing** for people in detention to advocate for their release on medical grounds.
- They have a network of 20 students who write the first drafts and 10 attendings who sign off.
- Organizations that they work with: New York lawyers for the public interest, local immigrant rights nonprofits (Casa San Jose for example).
- They participated in the **Berks detention center protest**.

Doctors For Camp Closure Sacramento CA

- Started by: Dr. Ian Kim and Dwiju Kumar Oct 2019.
- They are the first local D4CC chapter.
- Consistent **monthly meetings** held in Sacramento (formerly in person, now by Zoom since March 2020) with political development and education.
- Number of members at each meeting: ~20
- Number of members engaged with the chapter overall: ~40-50 who have participated at some point. ~100 on our contact list of people who have actively expressed interest.
- **Medical Student Interest Group** “Doctors for Camp Closure at UCDSOM” is also now affiliated, and is anticipated to have many members.

Actions and advocacy from Sacramento D4CC

- December 2019: Participation in the national D4CC “flu vaccine for migrants” action in San Diego / San Ysidro.
- January 2020: Asylum Evaluation Training, Highland/Northern California Human Rights Clinic. Co-sponsored by D4CC.
- April 20, 2020 Car Rally at Yuba ICE Detention to Free Them All.
- April 27, 2020 Car Action at Crocker Park.
- May 1, 2020 Caravan for Immigrants Rights.
- May 2020: 24 Hour Vigil at the Yuba County Jail/ICE Detention Center.
- They have participated in various online/digital actions supporting local and national campaigns.

Collaboration with immigrant advocacy groups

- NorCal Resist
- Northern California Human Rights Clinic
- Decarcerate Sacramento
- Yuba Coalition to Free Them All (and associated orgs)
 - Tsuru for Solidarity
 - Jewish Action Norcal
 - Never Again Action Sacramento
- UC Davis School of Medicine
- Formerly 193 in ICE detention at Yuba County Jail/ICE Detention facility; the majority have now been released and this has been achieved with **coalitions**

Successful actions from Sacramento D4CC

- D4CC co-sponsored the first asylum evaluation training for health-care professionals in Sacramento, with plans to bring additional trainings.
- Submitted and passed a resolution to “Close the Camps” at 2020 CAFP (California Academy of Family Physicians) All Member Advocacy Meeting. This resolution is now being developed further in subcommittee.

Question

What advocacy efforts have physicians in the community taken up to address people held in immigration detention centers during the COVID19 pandemic ?

- a. Letter writing to state medical organizations to provide resolutions
- b. Attend press releases to bring awareness to the community
- c. Write opinion articles to media and medical journals
- d. Serve as medical expert
- e. All of the above

Parting thoughts

“Every moment is an organizing opportunity, every person a potential activist, every minute a chance to change the world.” — Dolores Huerta



Contact information

Email: bonill07@gmail.com

Twitter <https://twitter.com/bonill07>

Instagram <https://www.instagram.com/lorebonmd>

Northern & Southern California Chapters

COVID-19, Heart Disease, & Health Care Workforce

Thursday, October 29

6:00 PM - 8:15 PM Eastern Time

SPEAKERS



Panel 1: COVID-19, Cardiovascular,
and Chronic Diseases

Maria Carrasco MD, MPH
Board Member, NHMA
Regional Physician Lead on Cultural
Competence, Kaiser Permanente



Kimberly Chen, MPA
Principal Consultant
California State Senate Health Committee



Panel 2: Increasing Hispanics
in Medicine in California

Asm. Joaquin Arambula, MD
California State Assembly
District 31



Marko Mijic, MPP
*Deputy Secretary for Program and
Fiscal Affairs*
California Health and Human Services Agency



Jeffrey Oxendine, MBA, MPH
CEO, Health Career Connection
Director of Health Workforce and Diversity
UC Berkeley Center for Healthcar Innovation
and Organizational Research



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MODERATORS



Margarita Loeza, MD
Co-Chair
NHMA Southern California Chapter



Ilan Shapiro, MD, FAAP
Co-Chair
NHMA Southern California Chapter

FOR MORE INFORMATION & TO REGISTER:
<http://bit.ly/NHMAPolicyForums2020>